

Psalm 57

Praise

Heals

Perspective

Life is Hard



*Surrendering - Abiding - Worshiping*





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Mark 9:24 I do believe; help my unbelief



# *Surrendering - Abiding - Worshiping*



Mark 9:24 I do believe; help my unbelief

God's Sovereignty means  
that I don't have to get swallowed up  
by life's situations.



# *Surrendering - Abiding - Worshiping*



Mark 9:24 I do believe; help my unbelief

## From **WHY?**

being in control...  
wanting what I want...  
with **ME** defining  
good and bad

## TO **WHO?**

trusting God...  
wanting what God wants...  
with **GOD** working everything  
together for good

God's Sovereignty means  
that I don't have to get swallowed up  
by life's situations.



Secondary OBSERVATION: Life is hard.

Psalm 57: A personal lament is an individual vocalizing pain, grief, fear or some other emotion.

1 Sam. 24:1 Now when Saul returned from pursuing the Philistines, he was told, saying, "Behold, David is in the wilderness of Engedi." 2 Then Saul took three thousand chosen men from all Israel and went to seek David and his men in front of the Rocks of the Wild Goats. 3 He came to the sheepfolds on the way, where there was a cave; and Saul went in to relieve himself. Now David and his men were sitting in the inner recesses of the cave.



Secondary OBSERVATION: Life is hard (H, 1, 4, and 6).

Psalm 57: A personal lament is an individual vocalizing pain, grief, fear or some other emotion.

Turn to God - Bring Your Complaint - Ask Boldly - Choose to Trust

For the choir director; set to Al-tashheth.

A Mikhtam of David, when he fled from Saul in the cave.

Psalm 57:1 Be gracious to me, O God, be gracious to me,

For my soul takes refuge in You;

And in the shadow of Your wings I will take refuge

Until destruction passes by.

2 I will cry to God Most High,

To God who accomplishes all things for me.



Psalm 57:3 He will send from heaven and save me;  
He reproaches him who tramples upon me. Selah.  
God will send forth His lovingkindness and His truth.

4 My soul is among lions;  
I must lie among those who breathe forth fire,  
Even the sons of men, whose teeth are spears and arrows  
And their tongue a sharp sword.

5 Be exalted above the heavens, O God;  
Let Your glory be above all the earth.





Psalm 57:6 They have prepared a net for my steps;  
My soul is bowed down; They dug a pit before me;  
They themselves have fallen into the midst of it. Selah.

7 My heart is steadfast, O God, my heart is steadfast;  
I will sing, yes, I will sing praises!

8 Awake, my glory! Awake, harp and lyre!  
I will awaken the dawn.

9 I will give thanks to You, O Lord, among the peoples;  
I will sing praises to You among the nations.

10 For Your lovingkindness is great to the heavens  
And Your truth to the clouds.

11 Be exalted above the heavens, O God;  
Let Your glory be above all the earth.





Primary OBSERVATION: Praise heals perspective.

Psalm 57:1 Be **gracious** to me, **O God**, be **gracious** to me,  
For my soul takes refuge in You;  
And in the shadow of Your wings I will take refuge  
Until destruction passes by.....

5 Be exalted above the heavens, **O God**;  
Let Your glory be above all the earth..... (and v. 11)



7 My heart is steadfast, **O God**, my heart is steadfast;  
I will sing, yes, I will sing praises!.....

9 I will give thanks to You, **O Lord**, among the peoples;  
I will sing praises to You among the nations.



Primary OBSERVATION: Praise heals perspective.

Psalm 57:3 He will send from heaven and save me;  
He reproaches him who tramples upon me. Selah.  
God will send forth His lovingkindness and His truth.

Psalm 57:10 For Your lovingkindness is great to the heavens  
And Your truth to the clouds.

Psalm 32:10 Many are the sorrows of the wicked,  
But he who trusts in the Lord, lovingkindness shall surround him.

Psalm 33:22 Let Your lovingkindness, O Lord, be upon us,  
According as we have hoped in You.



Primary OBSERVATION: Praise heals perspective.

Psalm 57:2 I will cry to God Most High,  
To God who accomplishes all things for me.

Psalm


138:7 Though I walk in the midst of trouble, You will revive me;  
You will stretch forth Your hand against the wrath of my enemies,  
And Your right hand will save me.

8 The Lord will accomplish what concerns me;  
Your lovingkindness, O Lord, is everlasting;  
Do not forsake the works of Your hands.

Turn to God - Bring Your Complaint - Ask Boldly - Choose to Trust



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that I don't have to get swallowed up  
by life's situations.



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