

Ultimate Surrender
Into Your Hand I Commit My Spirit

Psalm 31:1-13
I Trust in the Lord

Was Jesus' life and death hard or easy?

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Psalm 31:1-13

I Trust in the Lord

1. What does a “surrendering to God mindset” know about God? (v. 1-5)
2. We are not immune to afflictions & adversaries. (v. 6-13)

Psalm 31:1 In You, O Lord, I have taken **refuge**;
Let me never be ashamed;
In Your **righteousness** deliver me.

2 Incline Your ear to me, **rescue** me quickly;
Be to me a rock of strength,
A stronghold to save me.

3 For You are my **rock** and my fortress;

For Your name's sake You will lead me and guide me.

4 You will pull me out of the net
which they have secretly laid for me,
For You are my strength.

5 **Into Your hand I commit my spirit;**

You have ransomed me, O Lord, God of truth.

1

He

Is

Trustworthy

2 You will suffer

Psalm 31:6 I hate those who regard vain idols,

But I trust in the Lord.

7 I will rejoice and be glad in Your lovingkindness,

Because You have seen my **affliction**;

You have known the **troubles** of my soul,

8 And You have not given me over into the hand of the **enemy**; You have set my feet in a large place.

2 You will suffer

Psalm 31:9 Be gracious to me, O Lord, for I am in distress;
My eye is wasted away from grief, my soul and my body also.

10 For my life is spent with sorrow
And my years with sighing;

My strength has failed because of my iniquity,

And my body has wasted away.

2 You will suffer

Psalm 31:11

Because of all my **adversaries**, I have become a reproach,
Especially to my neighbors,
And an object of dread to my acquaintances;
Those who see me in the street flee from me.

12 I am forgotten as **a dead man**, out of mind;
I am like **a broken vessel**.

13 For I have heard the slander of many,
Terror is on every side;

While **they took counsel together against me**,
They schemed to take away my life.

God—Man—Jesus—**Surrender**

Man's rebellion and sin has led to brokenness, darkness,
destruction and death.

Jesus redeemed us by bearing our sins in His death
on the cross, overcoming evil.

The resurrected **Jesus** restores us to new life for God's glory
and God's purposes.

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Was Jesus' life and death hard or easy?

Did Jesus surrender His life
to the redemptive care of the God of truth?

Should you surrender your life
to the redemptive care of the God of truth?